



Panther Paw Pack offered every day as an entrée choice.

"USDA is an equal opportunity provider." here.



LUNCH MEAL PATTERN

- 2 oz. grain (8 oz. minimum per week)
- 2 oz. meat/meat alternate (8-9 oz. minimum per week)
- 1 Cup vegetable daily (3 ¾ cups per week minimum)
- ½ cup fruit daily (2 ½ cups per week)
- 1 cup Milk daily



Monday



3

Chicken Tenders, Cornbread Or Salisbury Steak
Turnip Greens, White Beans, Creamy Corn, Sliced Peaches or Frozen Sidekick, Milk

Tuesday



4

Nacho Beef and Cheese or Mini corn dogs, Salad, Ramen Potatoes, Pinto Beans, Apple Slices or Strawberry Cup, Milk

Wednesday



5

Barbecue Sandwich or Chicken Smackers, Baked Beans
Sidewinder Fries, Creamy Coleslaw, Applesauce or Banana, Milk

Thursday



6

Deli Sub Sandwich or Macaroni And Cheese, Breadstick, Purple Hull Peas, Steamed Broccoli w/Parmesan Cheese, Grapes or Slushie, Milk

Friday



7

Chili, Crackers, Open Face Cheese Toast or Hot Dog, Tater Coins, Tossed Salad, Baby Carrots, Mandarin Oranges, Assorted Fresh Fruit, Milk

Taco Salad(Lettuce, Tomato, Cheese, Tortilla Chips) or Chicken Smackers, Roll, Refried Beans, Crunchy Romaine Salad, Tater Coins, Sliced Peaches or Mixed Fruit w/Cherries, Milk

17

Sloppy Joes or Mini Bagels, Baked Potato, Romaine Salad, Glazed Baby Carrots, Diced Pears or Slushie, Milk

18

BBQ Nachos or Pizza Wedge
Purple Hull Peas
Corn on Cobb, Steamed Broccoli w/Parmesan Cheese, Pineapple Chunks or Apple Slices, Milk

19

Chicken Alfredo Cheesy Breadstick or Hamburger w/Trimnings, Carrots/Dip, Green Beans, Whole Kernel Corn, Banana or Pears, Milk

20

Mini Meatloaves, Roll, or Chicken Tenders
Creamed Potatoes, Gravy, English Peas, Broccoli w/Cheese Sauce, Fruit Salad, Orange Wedges, Milk

21

Fish Strips, Sweet Corn
Hushpuppies or Mini Meatballs
Sub, White Beans, Fries, Creamy Coleslaw, Grapes or Slushie, Milk

24

Corn Dog or Poppy Seed Chicken Casserole, Sister Schubert Roll, Black-eyed Peas, Corn on the Cobb. Broccoli Salad, Orange Slices or Strawberry Cup, Milk

25

Country Style Chicken Sandwich, Lettuce, Tomato, Mayo or Salisbury Steak, Gravy w/ Sister Schubert Roll, Mashed Potatoes, Green Peas, Mixed Fruit w/Cherries, Slushie, Milk

26

Beef a Roni, Cheesy Garlic Breadstick or Chicken Drumsticks, Sister Schubert Roll, Tossed Salad, Green Beans, Creamy Corn, Grapes or Chilled Pears, Milk

27

Hamburger patty on a Bun, Cheese, lettuce, tomato, onion, pickles, Or Chicken Smackers, Roll
Barbecue Sidewinder Fries, Baked Beans, Baby Carrots w/Dip, Strawberry Cup or Frozen Sidekick, Milk

28

Stuffed Crust Pepperoni Pizza or Chicken Philly Sandwich
Seasoned Potato Wedges, Romaine Salad, Purple Hull Peas, Fruit Salad or Grapes, Milk

31

